

# Social Studies 1

Family

Textbook



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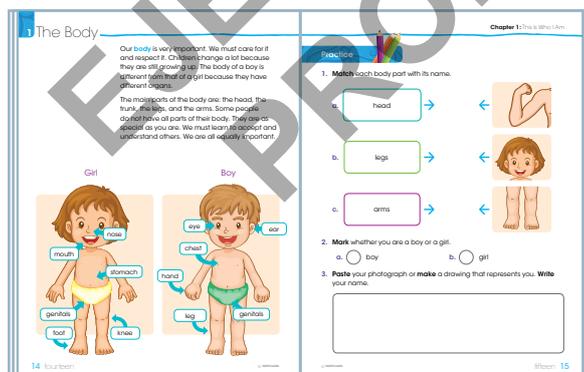
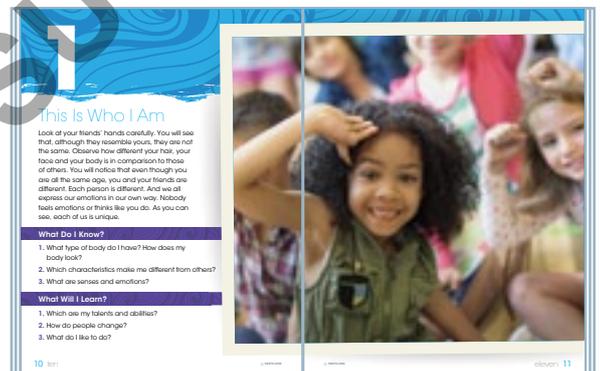
# Your Textbook

*Social Studies 1*, part of the **Bridge to Social Studies** Series, will help you understand how the world around us has changed, and to comprehend what the concepts of past, present and future are. You will learn the significance of ethics and values in society, as well as of civics education. Additionally, the content will help you value our natural and social environment, and to take responsibility for the effect that our actions have on it. You will also learn about the place you hold in society and will identify the most important aspects of the Puerto Rican culture.

## Know Your Textbook

### Chapter Opening

The opening provides a brief description, a central image and the questions *What Do I Know?* and *What Will I Learn?* The opening sparks interest and activates previous knowledge and experiences. It also aids in content predictions, which stimulate a connection with the text. In this way, reading comprehension is encouraged.



### Content Pages

The content is presented in a simple and clear manner and includes relevant images allowing full understanding of the text. The lessons include activities that promote reading comprehension, reflection, analysis and research. Main concepts are highlighted in **blue**, and can also be found in the Glossary at the end of the textbook which you can access whenever you need to review a definition.

## Special Topics

In each chapter you will find the section *Citizens of the World*. This section provides information on cultural diversity to promote coexistence between cultures, while learning about societies in other countries.

1 Our Tastes
Chapter 1: This is Who I Am



**Citizens of the World**  
Our tastes are related to the customs of the place where we live. Children from other cultures have different tastes and enjoy various hobbies, in areas of recreation, among others.

We all have our own **tastes**. Tastes are the preferences of each person. Our tastes make us feel good. They are often games or songs. We also like books and being with our friends.

Like other children, you have your own tastes. When you can, you share how you have fun with friends. But sometimes you prefer to have fun alone. No matter what your preference is, doing what you like to do makes you special.

Our tastes or preferences set us apart even more. For example, some of those tastes relate to the clothes we wear. What kind of clothes you like to wear?

2. Mark the activities that you like to do.

a.  drawing      d.  playing with your friends

b.  reading      e.  playing on your own

c.  riding your bicycle      f.  doing sports

3. Mention other activities that you like to do.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

4. Paste illustrations of the type of clothing you like to wear.

16 sixteen
seventeen 17

## Learning in Context

This section presents concepts of time and space so you can develop direction and location skills. You will learn geography concepts, as well. Through the activities, you will be able to put into practice the topic presented and evaluate your learning process.

1 Learning in Context
Chapter 1: This is Who I Am



**Left and Right**

**Location** is the position, or place where you can find something. Learning to differentiate left from right helps you locate yourself. It also helps you find objects, places, and people! Look at the illustration above. The bed is to the right of the desk. The bookcase is to the left of the desk. The plant is to the right of the window. The lamp is on the left.

**Let's Do It!**

1. Complete the sentences with the illustration on page 24. Write left or right.

a. The green book on top of the desk is on the lamp's \_\_\_\_\_.

b. The teddy bear is on the \_\_\_\_\_ side of the chair.

c. The mirror is on the \_\_\_\_\_ side of the comb.

2. Write the name that corresponds to the boy or girl that...

a. sits to your right. \_\_\_\_\_

b. sits to your left. \_\_\_\_\_

3. Draw the outline of one of your hands and identify it as left or right.

24 twenty four
twenty five 25

## Checking Understanding

At the end of each chapter, you will find additional activities so you can review what you have learned. The *What Did I Learn?* section includes questions that allow you to self-evaluate your progress, reflect on your learning style, apply your knowledge, and identify what can be improved.

1 Checking Understanding
Assessment

1. Complete the table.

My name is...	
My eyes are...	
My favourite game is...	
My favourite color is...	
My favourite music is...	
My favourite food is...	

2. Order the four stages of living beings.

a.  They reproduce.

b.  They are born.

c.  They grow up.

d.  They die.



3. Mark the emotions that the girl feels.

a.       b.       c. 

sadness       surprise       anger

4. Color the correct answer.

I am a...

a.  boy      b.  girl

5. Read:

Do you know what "being twins" means? These are boys or girls that are born together. Their faces can be very similar, but they are not exactly alike. Each person is special because he or she is different from others.

a. Twin brothers or sisters are born \_\_\_\_\_ or different.

b. Twin brothers or sisters can be \_\_\_\_\_ or different.

6. Choose the sense you would use in each case and write it down.

sight    taste    smell    touch    hearing

a. Admiring the landscape. \_\_\_\_\_

b. Listening to music. \_\_\_\_\_

c. Hugging your family. \_\_\_\_\_

d. The smell of a freshly baked cake. \_\_\_\_\_

e. Eating a fruit. \_\_\_\_\_

**What Did I Learn?**

1. Are we the same or different?

2. Does my body change?

3. Which are my talents?

26 twenty six
twenty seven 27



# Workshop: Social Studies in Action!

## 1 Civic Education

This workshop presents an everyday life situation that poses a problem that needs solving. Activities include reflection questions related to the situation about your ideas and actions, as well as questions to guide you in the suggestion of solutions. Also, the values that you will work with in each workshop are identified.

**1 Civic Education** Social Studies in Action

**We Follow Rules at Home**

Justin has a lot of toys and he likes them all. His mother has taught him to keep them in a drawer in his room. One day Justin wanted to play and took out all of his toys. They were all scattered. Justin was happy because he had them all in sight and he could play with them all. When his father went down the stairs he bumped into one of the toys.

**Values**

- Respect
- Consideration

**Let's Think...**

- What could have happened?
- What will Justin's father say?

**Let's Do...**

- What should Justin remember about household rules?
- What should Justin do with his toys?

**2 Language Connection** Social Studies in Action

**Nouns**

Words that refer to people, animals, places or things are called nouns. Nouns are divided into several categories:

Nouns	Examples
<b>common</b>	They refer to people, things, and animals in general. These start with a lowercase letter. father, food, teacher, dog
<b>proper</b>	They describe a person, an animal or a place. They are written with a capital letter. Carlos, Mary, Rome
<b>feminine</b>	They refer to a woman, a girl, a female. Carolina, aunt
<b>masculine</b>	They refer to a man, a boy, a male. Alberto, dad, prince

**Practice**

- Circle the nouns that you can find in each sentence.
  - Justin has a lot of toys.
  - Mary is a friend of Jorge's.
- Write the name of your favorite toy. Draw it.

## 2 Language Connection

The purpose of this section is to integrate Social Studies and Language Arts. This workshop provides a brief explanation of grammatical concepts, spelling, writing, and vocabulary. It also includes practice activities.

**3 Project** Social Studies in Action

**Making a Family Album**

**Purpose**

Ever since you were born, you are part of a family that loves and cares for us. Families consist of people living in one house. You are also related to one another. Some family members are the father, mother, sons and daughters, uncles and aunts, grandmothers and grandfathers. Since you know who your family is, you will create a family album.

**Steps**

- Look for photographs of your family: parents, siblings, grandparents.
- Fold the sheets in half. Paste a picture on each page.
- Write the names of the persons that appear in the photograph, and the relationship they have with you. Also, you can describe the event that appears in the photo.
- Design a cover. Be creative.

**Materials**

- construction paper
- family pictures
- color pencils or crayons
- scissors
- glue

**Final Product**

- Draw the members of your family that look like you and write their names.

**Conclusion**

- What do your family members have in common? Mark your answer with an X. Discuss with your classmates.

	Yes	No
They are all the same age.		
They have some physical traits in common.		
They share the same last name.		
They are all the same height.		
They hold the same traditions.		
They celebrate the same holidays.		
They share tastes.		

## 3 Project

Through the *Project* workshop you will conduct research on a specific topic. The activities will direct you to collect information so you can reach your own conclusions and findings.

**4 Connecting Knowledge** Social Studies in Action

- Order Arturo's life stages using numbers 1 to 3.
  - Arturo learned to walk.
  - Arturo went to school for the first time.
  - Arturo was born.
- Write the emotion that the boy is expressing.
 

happiness    sadness    surprise    anger

**3 Look of the Images and mark the family that shares the household chores.**

- Color everything you do to keep yourself healthy.
 

a. Wark out.	e. Brushing your teeth.
b. Shuffling your clothes dirty.	f. Sleeping for eight hours.
c. Propping to the music.	g. Visiting the doctor.
d. Eating healthy foods.	h. Eating with dirty hands.
- Write the names of the people that make up your nuclear family.

## 4 Connecting Knowledge

This section allows you to evaluate your learning process as you integrate what you have studied in previous chapters. The activities reinforce the concepts and fundamental skills presented in each lesson.

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# 1

## This Is Who I Am

Look at your friends' hands carefully. You will see that, although they resemble yours, they are not the same. Observe how different your hair, your face and your body is in comparison to those of others. You will notice that even though you are all the same age, you and your friends are different. Each person is different. And we all express our emotions in our own way. Nobody feels emotions or thinks like you do. As you can see, each of us is unique.

### What Do I Know?

1. What type of body do I have? How does my body look?
2. Which characteristics make me different from others?
3. What are senses and emotions?

### What Will I Learn?

1. Which are my talents and abilities?
2. How do people change?
3. What do I like to do?





# 1 Physical Changes



All living beings are born; they grow, reproduce, and die. People, plants and animals are living beings. Humans are babies at birth. We grow and become children. Then we become adults. Afterwards, we age. Your face **changes** and you start to look different. If you see a picture of you taken when you were younger, you will see that you have grown.

If you look around, you will see that each of your classmates is different. Some children are tall and some are short. You will see some girls with long hair, and others with short hair. Faces can be round or elongated. In addition, there are many skin tones. You are a unique person. Your face and your body set you apart from others.

## Practice



1. **Order** Julia's life stages using numbers 1 thru 3.

- a.  Julia learned to walk.
- b.  Julia went to school for the first time.
- c.  Julia was born.

2. **Draw** your face. **Color** it.

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PROHIBIDA SU VENTA

3. **Mention** three characteristics that describe you.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

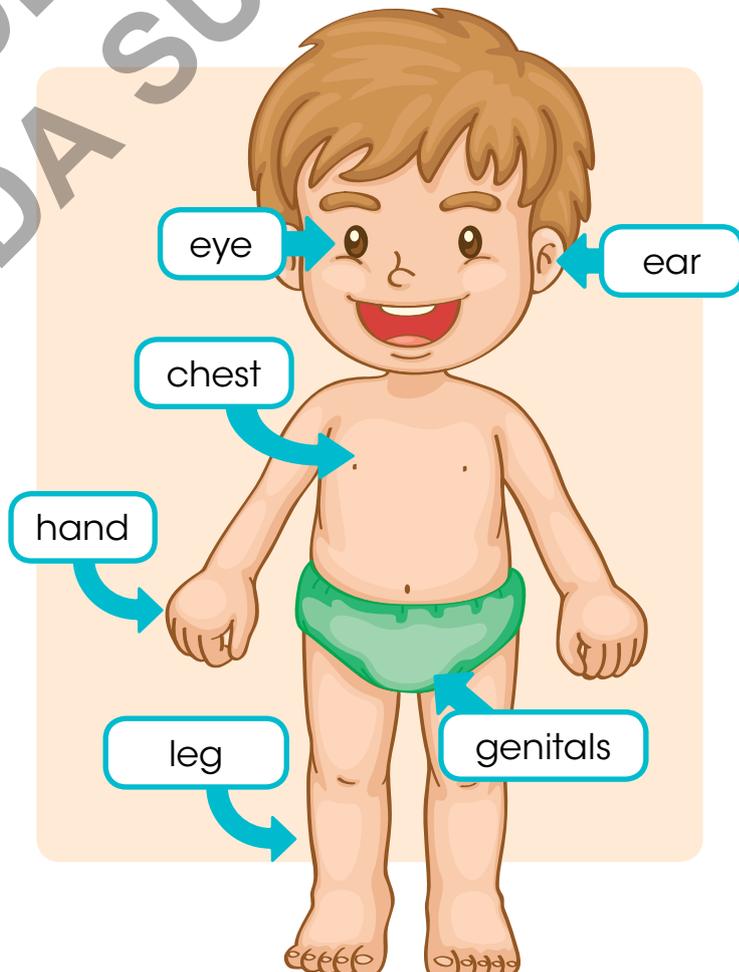
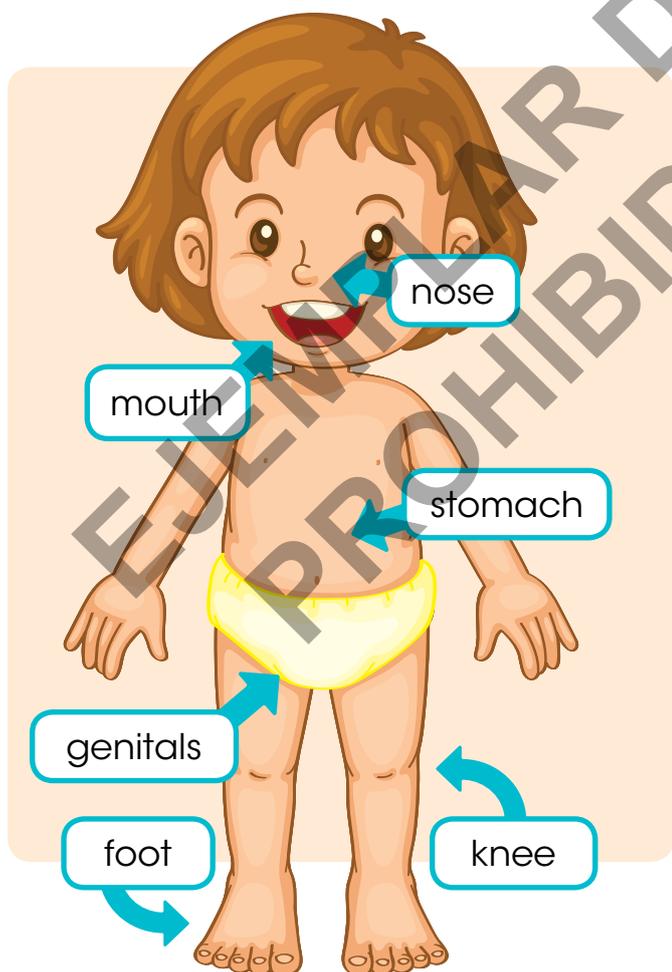
# 1 The Body

Our **body** is very important. We must care for it and respect it. Children change a lot because they are still growing up. The body of a boy is different from that of a girl because they have different organs.

The main parts of the body are: the head, the trunk, the legs, and the arms. Some people do not have all parts of their body. They are as special as you are. We must learn to accept and understand others. We are all equally important.

Girl

Boy



## Practice



1. **Match** each body part with its name.

a.

head



b.

legs



c.

arms



2. **Mark** whether you are a boy or a girl.

a.



boy

b.



girl

3. **Paste** your photograph or **make** a drawing that represents you. **Write** your name.

# 1 Our Tastes



We all have our own **tastes**. Tastes are the preferences of each person. Our tastes make us feel good. They are often games or songs. We also like books and being with our friends.

Like other children, you have your own tastes. When you can, you share how you have fun with friends, but sometimes you prefer to have fun alone. No matter what your preference is, doing what you like to do makes you special.

Our tastes or preferences set us apart even more. For example, some of those tastes relate to the clothes we wear. What kind of clothes you like to wear?

## Citizens of the World

Our tastes are related to the customs of the place where we live. Children from other cultures dress according to the climate of their countries and enjoy various hobbies, in snow or beaches, among others.

## Practice

1. **Write** a sentence with the word *taste*.

---

---

---

2. **Mark** the activities that you like to do.

a.   drawing

d.   playing with your friends

b.   reading

e.   playing on your own

c.   riding your bicycle

f.   doing sports

3. **Mention** other activities that you like to do.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

4. **Paste** illustrations of the type of clothing you like to wear.

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# 1 The Senses



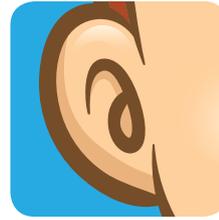
sight



taste



smell



hearing



touch

You can see the world with your body. Humans have five **senses**. These are: touch, sight, smell, hearing, and taste. Senses enable us to perceive what happens around us.

There are people who do not have some of the senses, such as sight or hearing; therefore, there are technological resources to cater those needs. We are all important and special. We must always treat each other with equality and respect.

## Practice



1. Elena needs a pair of eyeglasses to see better. **Mark** the design that you recommend.



a.



c.



e.



b.



d.



f.



2. **Match** the following illustrations with the sense they represent.

a. touch →



b. hearing →



c. taste →



d. smell →



e. sight →



3. **Write** the sense you would use for each action:

a. Eating ice cream \_\_\_\_\_

b. Feeling the breeze \_\_\_\_\_

# 1 Emotions



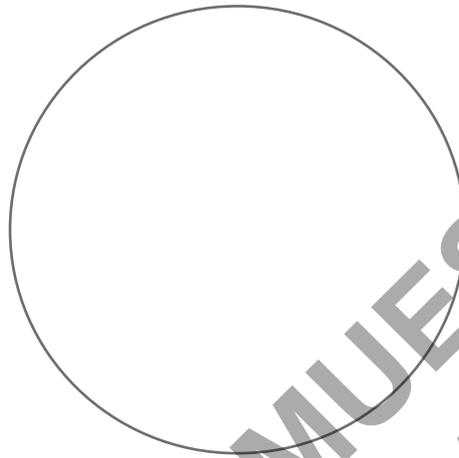
We all have **emotions**. Emotions are intense feelings. Some of our emotions are joy, sadness, anger, surprise, and fear. We do not feel the same way every day.

People get excited for different reasons. Nobody feels the same as you do all the time. All emotions are important. Therefore, we must respect and understand what others feel.

## Practice



1. **Draw** a face that represents the emotion you are feeling today.



2. **Match** the situation that corresponds to the emotion represented in each illustration.

a.

Adrian lost a toy.



b.

Sergio went to have  
ice cream with  
his family.

3. **Write** three words that represent happiness to you.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_



We all have a **talent** that sets us apart from others. A talent is the ability to perform an activity very well. Some people are talented in dancing or drawing. Others have great skill in sports or mathematics.

You cannot force other people to have your abilities. Nor should you feel sad because you cannot perform a certain activity well. We all have different talents and abilities. Sometimes, if we want to strengthen our talents we practice them often, are disciplined and persistent.

Practice



1. **Mention** some of your talents.

---



---

2. **Interview** one of your classmates. **Write** down their name and one of their talents.

a. Name: \_\_\_\_\_

b. Talent: \_\_\_\_\_

3. **Mark** the activities that you consider to be a talent.

a.




b.




4. **Look** for an illustration of an ability you would like to have or work on and **paste** it on this page.

# 1 Learning in Context



## Left and Right

**Location** is the position, or place where you can find something. Learning to differentiate left from right helps you locate yourself. It also help you find objects, places, and people. Look at the illustration above. The bed is to the right of the desk. The bookcase is to the left of the desk. The plant is to the right of the window. The lamp is on the left.

## Let's Do It!



1. **Complete** the sentences with the illustration on page 24. **Write** *left* or *right*.
  - a. The green book on top of the desk is on the lamp's \_\_\_\_\_.
  - b. The teddy bear is on the \_\_\_\_\_ side of the chair.
  - c. The mirror is on the \_\_\_\_\_ side of the comb.
2. **Write** the name that corresponds to the boy or girl that...
  - a. sits to your right. \_\_\_\_\_
  - b. sits to your left. \_\_\_\_\_
3. **Draw** the outline of one of your hands and **identify** it as left or right.

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# Checking Understanding

1. **Complete** the table.

My name is...
My eyes are...
My favorite game is...
My favorite color is...
My favorite music is...
My favorite food is...

2. **Order** the four stages of living beings.

a.  They reproduce.

b.  They are born.

c.  They grow up.

d.  They die.



3. **Mark** the emotions that the girl feels.



sadness

surprise

anger



sadness

surprise

anger



sadness

surprise

anger

4. **Color** the correct answer.

I am a...

a.

boy

b.

girl

5. **Read:**

Do you know what "being twins" mean? These are boys or girls that are born together. Their faces can be very similar, but they are not exactly alike. Each person is special because he or she is different from others.

- a. Twin brothers or sisters are born \_\_\_\_\_.
- b. Twin brothers or sisters can be \_\_\_\_\_ or different.

6. **Choose** the sense you would use in each case and **write** it down.

sight

taste

smell

touch

hearing

- a. Admiring the landscape. \_\_\_\_\_
- b. Listening to music. \_\_\_\_\_
- c. Hugging your family. \_\_\_\_\_
- d. The smell of a freshly baked cake. \_\_\_\_\_
- e. Eating a fruit. \_\_\_\_\_

## What Did I Learn?

1. Are we the same or different?
2. Does my body change?
3. Which are my talents?